February 2025 School Newsletter

## Local Alerts and Services for Health and Safety

**Stay Informed with Ascend Notify Alerts**

Knowing about community health concerns helps parents and guardians keep their children safe. Ascend Notify is a free text alert system providing real-time updates on overdose spikes, Narcan distribution events, and other important public health notifications.

The Mental Health & Recovery Services Board (MHRSB) of Allen, Auglaize, and Hardin Counties launched this service last summer in partnership with Allen County Public Health. Ascend Notify ensures that families have the information they need when it matters most.

How to Sign Up:

* Text START to **888-701-2578 (ALRT)**
* Customize your alerts to focus on topics relevant to your family.
* Receive updates directly to your phone.

For more details, visit [wecarepeople.org/notify](http://wecarepeople.org/notify).

**Support Is Available 24/7**

If you or someone in your family needs help, there are resources available:

* **Local 24/7 Crisis Line:** Call **1-800-567-4673 (HOPE)** to contact trained local professionals for immediate support.
* **National 988 Crisis Line:** Call or text **988** anytime to reach a crisis counselor.

Knowing the right number to call can make a difference during a crisis.

In a medical emergency or life-threatening situation, call **911** for emergency response. This includes the immediate danger of harm to oneself or others. For community resources, dial **211** or visit [allen211.org](http://allen211.org). They can connect you with finding food assistance, housing support, or local counseling services. No matter the situation, help is always available.

These services ensure no one has to face challenges alone. Stay informed, stay connected, and reach out when you need help.

